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Monday, November 26, 2018 www.metro.us | t: MetroPhilly | f: MetroPhilly

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PLAYOFF CONTENDERS

Eagles keep playoff chances alive with victory over Giants. 22

The Ice Bar at Lemon Hill Mansion opens for the holidays. 14-15

FAIRMOUNT PARK CONSERVANCY

Your guide to the week's best events. 16-17

BIG DEAL?

Cyber Monday 2017 was the largest online shopping day in U.S. history. This year, while sales records are expected, experts ask if year-round e-commerce has taken the hype out of the holiday. 4, 18-20

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4 THINGS TO KNOW

WELCOME TO METRO PHILLY

JOVAN ALFORD, SPORTS EDITOR

It was not easy by any means necessary, but the Philadelphia Eagles were able to secure a much-needed 25-22 victory over the New York Giants on Sunday. With the win, the defending Super Bowl champs snapped their two-game losing streak and took the season series from the Giants. The Eagles got a great performance from undrafted free-agent running back Josh Adams, who had 84 of the team's 127 rushing yards. The young back continues to prove, week in and week out, that he is deserving of more carries.

For more on this game and the Eagles, check out Page 22 and metro.us.

1 CA WILDFIRE THAT KILLED 85 FULLY CONTAINED

The deadliest wildfire in California history that destroyed the mountain town of Paradise and killed at least 85 people was 100 percent contained on Sunday, according to state fire officials. The number of people still missing from the Camp Fire north of San Francisco dropped to 249 on Sunday, the Butte County Sheriff's Office said. The number was revised down from 475 as people who were believed missing were found in shelters, staying in hotels or with friends, officials said, adding that many did not know they were on the list. The Camp Fire that started on Nov. 8 destroyed nearly 14,000 homes and burned nearly 154,000 acres (62,000 hectares) — an area five times the size of San Francisco. Searchers will have a few more days of dry weather, but starting late Tuesday, another 2-5 inches (5 to 13 cm) of rain is expected to drop on the Sierra Nevada foothills through next Sunday, hampering the searchers' work and renewing fears of flash floods and mudslides, forecasters said.

2 US-MEXICO BORDER CROSSING CLOSED AFTER PROTEST

The United States closed its busiest border crossing with Mexico for several hours on Sunday after Mexican police broke up a protest of Central American migrants massed in Tijuana, scattering some demonstrators toward the border, where U.S. officers hurled gas canisters from the American side. Traffic in both directions was temporarily suspended at the San Ysidro port of entry between San Diego and Tijuana, the U.S. Customs and Border Protection agency said on Twitter. U.S. President Donald Trump has raised alarms about a caravan of Central American migrants as it approached the United States, with its members planning to apply for asylum on reaching the United States. Tensions on the border had been rising in recent days, with thousands of migrants camped out in a sports stadium in Tijuana and hundreds periodically gathering near the main border crossing. The migrants have said they would wait there until they could request asylum, despite growing U.S. measures to tighten the border.

3 WINTER SWIMMERS ENJOY THEMSELVES IN ICY WATER

A winter swimming fan dives into the freezing waters of the Songhua River on Nov. 25, 2018, in Harbin, China. Winter swimming is increasingly popular, especially among elderly Chinese, who believe a daily dip in the cold water improves the human immune system.

GETTY IMAGES

4 EU AGREES 'BEST POSSIBLE' BREXIT DEAL, BACKS MAY

European Union leaders finally sealed a Brexit deal on Sunday, saying the package agreed with Prime Minister Theresa May was the best Britain will get in a warning to the British parliament not to reject it. "Those who think that, by rejecting the deal, they would get a better deal, will be disappointed," European Commission President Jean-Claude Juncker told reporters after the 27 other E.U. leaders formally endorsed a treaty setting terms for British withdrawal in March and an outline of a future E.U.-U.K. trade pact. Asked whether there was any chance Brussels would reopen the pact if an alliance of pro- and anti-Brexit forces votes it down in the British parliament, Juncker said "this is the best deal possible," although summit chair Donald Tusk sounded more guarded, saying he did not want to consider hypotheticals. May used a post-summit news conference to make a sales pitch for her plan, telling television viewers at home that it was the "only possible deal," offering control of U.K. borders and budgets while maintaining close alignment with E.U. regulations that was good for business and the security of Britain and Europe.

TONY'S METRO MAGIC 2018

Tony's METRO MAGIC

As we enter the season of giving, Metro asks that you donate to Tony's Metro Magic annual holiday toy drive to help underprivileged children in your community. You can donate by visiting metro.us/magic, clicking on the toy wish list link of your choice, and ordering via a secure payment system. Toys will then be distributed to local children in need.

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Cyber Monday will be a big shopping holiday, but is it really necessary anymore as consumers shop online throughout the year? ALL IMAGES GETTY IMAGES

Is Cyber Monday becoming obsolete?

With more people shopping online year-round, does Cyber Monday still stand apart as having the best deals on the calendar?

KRISTIN TOUSSAINT
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In 2017, Cyber Monday shoppers spent a record $6.59 billion in digital transactions, making it the largest online shopping day in U.S. history.

Cyber Monday 2018 is sure to be a record sales day as well, but with more people turning to online shopping all year round, Cyber Monday may not actually stand apart when it comes to discounts and deals, said Russell Winer, a professor of marketing at New York University.

"Due to Amazon, I think more retailers are offering deals year-round," he said. "People are becoming a little bit skeptical about whether or not you're going to get the best deal on Cyber Monday."

That year-round online shopping also means there's less importance placed on a designated day.

"The importance of any particular day is declining," he said. "People are shopping anytime, anywhere, obviously, and I wouldn't be surprised if, in fact, at some point, Cyber Monday and Black Friday cease to exist."

Both deals and the pressure to snatch up your holiday items quickly are not as tied to one day as they used to be. Instead, people are shopping online over a longer period of time.

"One time, before e-commerce, if you waited until the last minute and had to shop in-store, it was always a big hassle. Stores were really crowded or out of stock." Winer said. "You don't worry about that anymore. You don't have to wait for the Christmas period. You can order in advance and hide [packages] in your house."

The pros and cons of online versus brick-and-mortar shopping have changed as well. Whereas a benefit of shopping in physical stores was once getting your items immediately, that's changed with Amazon's quick (sometimes same-day) shipping, Winer noted.

If you do plan to do some online shopping this Cyber Monday, though, you should be extra-wary of online scams.

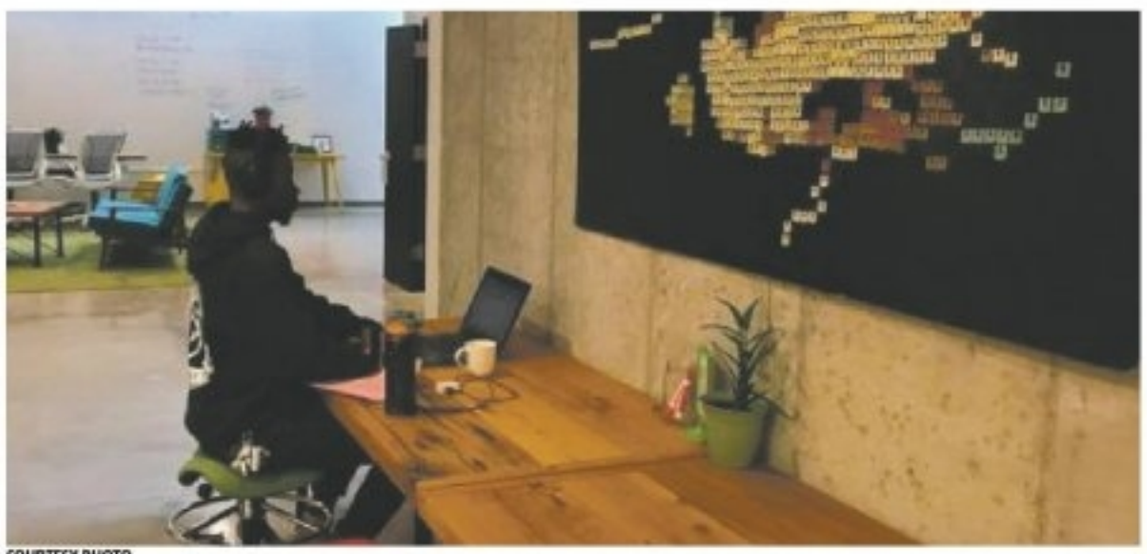
"Unfortunately, phishing continues to remain a concern, and email is an important attack vector," said Engin Kirda, a professor of information assurance at Northeastern University.

Phishing scams occur when an email appears to be from a company and asks for personal information, but is actually a fake that takes your credit card numbers, passwords and more. Ninety-seven percent of people can't identify phishing emails, according to an Intel Security study.

Scammers may use the lure of special Cyber Monday deals to trick more consumers.

"I think online shoppers should be very vigilant about online offers, or links that come in via email about supposed great deals," said Kirda. "Attackers use anything they can these days to social-engineer users into clicking on links, or to downloading software that may be harmful. If something is too good to be true, then it probably is not."

Mt. Airy Nexus co-working space creates 'aura of fun at work'



COURTESY PHOTO

The Northwest Philly neighborhood of Mt. Airy is a leafy green gem along the Wissahickon, a diverse and relatively quiet neighborhood within a maze of winding hilly streets. Near Carpenter and Greene streets in Mt. Airy, where small local businesses flourish in an outcropping known to some locals as Mt. Airy Village, the neighborhood's identity is expanding to include a new, sustainability-minded coworking space.

Mt. Airy Nexus is the name of the coworking office space on the lower level of 520 Carpenter Lane, a new 22-unit condo. The building has solar panels, a green roof and other design elements to reduce its environmental impact and is slated for LEED Platinum certification. But it doesn't stop there: Inside Nexus, reused and "upcycled" items are everywhere, in a space designed with a mid-century modern aesthetic.

Descending into Nexus, co-workers arriving to start their day are greeted by an entire wall of so-called "mushroom wood" with origins in Kennett Square, Pa. — gnarled wood, reclaimed from mushroom crates, which has an otherworldly quality, color and texture from long exposure to fungi. Upcycled art made using plastic bread-bag tabs and light fixtures made of recycled plastic bottles all fit into the sustainable aesthetic.

"We're trying to create a 7,000-square-foot curiosity cabinet," said Max Zahniser, a LEED-certified architect and sustainability professor at Drexel and Philadelphia universities, and founder and CEO of Mt. Airy Nexus. He is also CEO of Sustainability Nexus, which runs CityCoHo, MANC's larger sister coworking space in Center City at 24th and Walnut streets. "That experience of discovery and re-discovery is a big part of creating the aura of fun at work."

"That experience of discovery and re-discovery is a big part of creating the aura of fun at work."
Max Zahniser

Zahniser said the aesthetic can combine "fun" with environmental principles, as in reusing non-recyclable items and giving them new, longer-lasting uses or upcycling them. That's why Mt. Airy Nexus has few conventional lighting fixtures — some rooms are illuminated by recycled plastic bottles while the kitchen area is an old pig trough. The aesthetic goes down to the old-fashioned, reusable, cloth-roll towel dryer in the bathroom, which was determined to be the most sustainable type of hand dryer.

Tenants include a local chapter of the Sierra Club and a neighborhood therapist. Mt. Airy organizations have begun holding meetings in Nexus' conference rooms — after Hurricane Florence, a group of local women spent the evening knitting blankets for families displaced by the storm.

Developer Scott Seibert's goals for this building dovetailed with Zahniser's green building ethos, and thus Mt. Airy Nexus was born.

Mt. Airy Nexus is the sister of Zahniser's CityCoHo at 24th and Walnut in Center City, designed to be a hub and workspace for sustainability professionals, operatives, advocates, and innovators. It also occupies a LEED-certified building. There are several other coworking spaces in Center City, and several around Northwest Philly, such as Kismet in Chestnut Hill and Work Mt. Airy. But the Nexus sites are specifically designed with an ethos of anchoring and connecting members of a sustainability-focused community.

"It's actual coworking — being in a space and being able to benefit off of what other people are doing," said John Autin, Mt. Airy Nexus' community manager.

To learn more, visit mtairynex.us. Metro Philly is currently a tenant of CityCoHo/Mt. Airy Nexus.

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Learn to fight stress with exercise

Metro chatted with an expert to learn tips about urban running.

MONICA GARZÓN
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Stress may be affecting your health, even though you may not realise it. You might think that a disease is the culprit to your persistent headache, insomnia or decreased productivity at work. But in reality, it is probably stress, which, if left unchecked, can trigger many health problems, such as high blood pressure, heart disease, obesity and even diabetes. If you present stress symptoms, taking the proper measures to control it could provide many benefits to your health.

Recently, a study conducted at the Cleveland Clinic in Ohio revealed that "not doing any physical activity can be even more harmful than smoking." Virtually any type of exercise, from aerobics to yoga, can help relieve stress.

Metro chatted with head coach Jacinto Lopez, an expert on the subject, to learn more.

How does exercise help to combat stress and elevate our mood?
When we exercise, our body releases endorphins, which are the happiness hormones, and these act as a natural tranquilizer in our nervous system, making us feel relaxed at the end of our physical activity and throughout the day we feel at peace and a sense of well-being. Virtually any form of exercise or movement can increase our fitness level and decrease stress. The most important thing is to choose an activity that you enjoy. For example, walking, climbing stairs, jogging.

What would be a proper running routine for beginners?
For a person who is just beginning to run, I suggest starting with a set-in routine — that is, to slowly increase the mileage, which allows the body to adapt and prevent future injuries. These routines should be combined with strengthening and technical exercises. The most important thing is to slowly start going out on the streets, discovering and building your own running route in the neighborhood, and then, over time, travel greater distances.
It may be helpful to talk with your doctor before starting a new exercise routine if you have not exercised in a while or if you have health problems.

How true is it that you should walk before you start running?
It depends on the person. When it comes to a person who leads a sedentary life and has never done any kind of physical activity, it is necessary to start walking to prevent heart attacks. But if the person usually walks to work, for example, and moves constantly, you can start with a gentle jog. It is good to try out routes and varied terrains that we can find more easily through neighborhood streets or the outskirts of the city, avoiding traffic and thus being able to run at peace.

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Slime, tech among 'dangerous toys' to avoid this holiday: Watchdog

Consumer advocacy group U.S. PIRG releases "Trouble in Toyland" report identifying "potentially dangerous toys" to skip when holiday shopping.

KRISTIN TOUSSAINT
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The holiday shopping season is in full swing, but dangerous toys like toxic slime and privacy-invading tech could pose a risk to your children, according to watchdog group U.S. PIRG.

U.S. Public Interest Research Group Education Fund (PIRG) recently released its 33rd annual "Trouble in Toyland" toy safety report, which identifies unsafe toys available during the holiday shopping season.

The 2018 report found dangers such as toxic amounts of boron — which can cause nausea, "persistent vomiting," diarrhea and other gastrointestinal health issues, according to the Agency for Toxic Substances and Disease Registry — and choking hazards that were not properly labeled.

"No one should worry about whether or not the toy they're buying is toxic or dangerous. But in 2018, we're still finding hazards in some of the most popular toys," said Adam Garber, consumer watchdog for U.S. PIRG, in a statement.

U.S. PIRG found six kinds of slime with toxic levels of boron, likely from borax, which is an ingredient listed in many slime kits as an "activator." Along with nausea and vomiting, borax can cause skin irritation and hormone disruption, leading to reproductive health issues.

In July 2016, the Canadian government advised residents to avoid using boric acid (a.k.a. boron or

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borax) in children's arts and crafts, such as slime. The European Union has a limit on boron concentrations greater than 300 parts per million.

U.S. PIRG identified slime toys with boron concentrations as high as 4,700 parts per million. The United States has not established a limit on boron concentrations in children's toys.

Among the toys reviewed, the group found 87 percent of the latex balloons surveyed on Amazon "lacked the legally required warning indicating that the toy presents a choking hazard for children under 8," the report reads. Balloons are responsible for more suffocation deaths in children than any other product, according to U.S. PIRG.

Other holiday toys that contain small parts lacked the necessary warning labels as well. Hatchimals Fabula Forest lacked a choking hazard label on its Walmart.com listing, yet the product's packaging has a choking warning.

Certain L.O.L. Surprise! toys (like "Bundle of L.O.L. Surprise! Pearl Surprise Turquoise and Purple Styles" and "L.O.L. Surprise! Pets Series 4") have no choking hazard label on their Amazon listing, U.S. PIRG found, "seemingly in violation of the labeling requirements and Amazon's guidelines." However, the product packaging for those toys did contain a choking hazard label.

U.S. PIRG also is warning parents about smart devices that connect to the internet, which could pose a risk to your child's privacy.

4,700

Slime toys had boron concentrations as high as 4,700 parts per million.

U.S. PIRG points to findings from the Mozilla Foundation that two toys, the Amazon Fire HD Kids Edition and the Dash robot made by Wonder Workshop, did not meet the foundation's minimum privacy and security standards.

Both companies deny that their devices share information with third parties.

Wonder Workshop CEO Vikas Gupta told CNN that U.S. PIRG's dangerous toy warning for their robot was "absolutely incorrect."

"We don't collect any personal identifiable information from children," Gupta said, "and we do not share any information from the apps or the software or robots to any third party, ever. None of that happens."

Amazon also said in a statement that it does not share children's data with third parties.

For more information on dangerous toys from U.S. PIRG, see the "Trouble in Toyland" report at uspirg.org/feature/usp/trouble-in-toyland.

PHILADELPHIA HOUSING AUTHORITY
MOVING TO WORK ANNUAL PLAN - FISCAL YEAR 2020
NOTICE OF PUBLIC HEARING AND PUBLIC COMMENT PERIOD

The Philadelphia Housing Authority (PHA) is requesting public comments and conducting a public hearing on the proposed Moving to Work Annual Plan for Fiscal Year 2020 (Annual Plan) which includes a Rental Assistance Demonstration Program Significant Amendment. PHA is a participant in the Moving to Work (MTW) Program pursuant to an MTW Agreement between PHA and the US Department of Housing and Urban Development. The Annual Plan describes PHA's MTW proposed policy initiatives and activities for the period April 1, 2019 to March 31, 2020. The Annual Plan is available for public review on PHA's website at www.pha.phila.gov under the "Latest News" section. Copies are also available at the following locations during normal business hours:

Housing Choice Voucher Program Office:
2850 Germantown Ave 1st Floor

Scattered Sites Management Offices:
Abbottsford Homes – 3226 McMichael Street
Westpark Apartments – 4445 Holden Street
Spring Garden Apartments – 715 Brandywine Street
Wilson Park – 2500 Jackson Street
Fairhill Apartments – 2443 N. 11th Street

Public Housing Management Offices:
Bartram Village – 5404 Gibson Drive
Raymond Rosen Apartments – 2301 Edgley Street

PHA residents, Housing Choice Voucher participants and the public may provide oral comments by attending the public hearing described below and/or by submitting written comments during the comment period. A public hearing will be conducted at the following time and location:

Tuesday, November 27, 2018 at 12:00 Noon
1800 South 32nd Street, 1st Floor
Philadelphia, PA 19145

The public comment period begins on November 01, 2018 at 12 noon and ends on December 03, 2018 at 12 noon. Comments must be received by the end of the comment period. Please send written comments to:

Philadelphia Housing Authority
Attention: MTW Annual Plan Comments
1800 South 32nd Street, Philadelphia, PA 19145

The public hearing is being held in an accessible location. If you require assistance, sign language interpreter or other accommodations, please call 215-684-5767. Please use the AT&T Relay Service for TTY.

PHA
PHILADELPHIA HOUSING AUTHORITY
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REUTERS

NASA spacecraft nears Red Planet on mission to detect 'marsquakes'

U.S. space agency "excited, nervous" for Mars landing.

NASA's first robotic lander designed to study the deep interior of a distant world hurtled closer to Mars on course for a planned touchdown on Monday after a six-month voyage through space.

Traveling 301 million miles from Earth, the Mars InSight spacecraft was due to reach its destination on the dusty, rock-strewn surface of the Red Planet at about 3 p.m. ET.

The mission control team at NASA's Jet Propulsion Laboratory (JPL) near Los Angeles prepared to conduct a final adjustment to the InSight's flight path on Sunday to maneuver the spacecraft closer toward its entry point over Mars.

If all goes according to plan, InSight will streak into the pink Martian sky nearly 24 hours later at 12,000 miles per hour. Its 77-mile descent to the surface will be slowed by atmospheric friction, a giant parachute and retro rockets. When it lands 6.5 minutes later, it will be traveling a mere 5 mph.

The stationary probe, launched from California in May, will then pause for 16 minutes for the dust to settle, literally, around the landing site before its disc-shaped solar arrays unfurl to provide power.

Engineers at JPL hope to get real-time electronic confirmation of the spacecraft's safe arrival from miniature satellites that were launched along with InSight and will fly past Mars.

The JPL controllers also expect to receive a photo of the probe's surroundings on the flat, smooth Martian plain close to the planet's equator, called the

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The site is roughly 373 miles from the 2012 landing spot of the car-sized Mars rover Curiosity, the last spacecraft sent to the Red Planet by NASA.

The smaller, 880-pound InSight — its name is short for Interior Exploration Using Seismic Investigations, Geodesy and Heat Transport — marks the 21st U.S.-launched Martian exploration, including the Mariner fly-by missions of the 1960s. Nearly two dozen other Mars missions have been sent from other nations.

How rocky planets formed

InSight is the first dedicated to unlocking secrets from deep below the Martian surface. The lander will spend 24 months — about one Martian year — using seismic monitoring and underground drilling to gather clues on how Mars formed and, by extension, the origins of Earth and other rocky planets of the inner solar system more than 4 billion years ago.

"What this helps us understand is how we got to here," said JPL's Bruce Banerdt, InSight principal investigator, during a pre-landing briefing with reporters last week.

While Earth's tectonics and other forces have erased most evidence of its early history, much of Mars — about one-third the size of Earth — is believed to have remained largely static over the eons, creating a geologic time machine for scientists.

InSight's primary instrument is a highly sensitive French-built seismometer, designed to detect the slightest vibrations from "marsquakes" and meteor impacts.

Scientists expect to see a dozen to 100 marsquakes over the course of the mission, producing data to help them deduce the size, density and composition of the planet.

The Viking probes of the mid-1970s were equipped with seismometers, but they were bolted atop the landers, a design that proved largely ineffective.

InSight also is fitted with a German-made drill to burrow as much as 16 feet underground, pulling behind it a rope-like thermal probe to measure heat.

Meanwhile, a radio transmitter will send signals back to Earth, tracking Mars' subtle rotational wobble to reveal the size of the planet's core and possibly whether it remains molten.

The InSight and next rover mission, along with others in the planning stage, are seen as precursors for eventual human exploration of Mars, NASA officials said.

REUTERS

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Pat King
Grumble Editor

READER WRITE-INS:

TREAT HER RIGHT!
Just a follow-up to a Laydee's Grumble of Tuesday, Nov. 20. Yes, indeed it is LADIES FIRST. Whenever a man is escorting a LADY anywhere, he is to:

1 **WALK ON THE OUTSIDE** of the sidewalk in protection of his lady friend.

2 **ALWAYS OPEN AND HOLD** the door, elevator door, etc., for her and please by ALL means escort her to her mode of transportation, wait for her to get in/onto said transport and ASK her to let him know when she has arrived @ her destination.

FYI: We ARE ladies and expect to be treated as such. I do not know what happened to the respect ALL men were taught regarding the PROPER R-E-S-P-E-C-T and treatment of us ladies, but they truly need to refer to the beautiful matriarchs in their lives, or get on their devices and refer to Emily Post and her instructions for same.
— **Stephanie Wilson**, *Metro US reader*

WHY AREN'T YOU PREPARED?
Why do you wait until you get on the bus to get your fare out... Don't you see the bus at the prior stop???? Now you are on the bus, digging for coins, asking for change and just holding up everything. It's not like you can't see it coming... It's not like you don't know you are going to be riding public transportation and not getting in a car. Come on. Be ready!
— **Anonymous**, *Metro New York reader*

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Introducing Metro's the Humble!

You may notice that there are no "caption this photo" entries in this space anymore. Well, that's because we decided to take the advice of some of our readers and open a brand-new section of the Grumble where we can talk about some of the good things that happen to us on a daily basis. It could be something you witnessed on the street that brightened your day — like seeing someone extend a helping hand with no other reason than to pay it forward. The sky's the limit!

To kick things off, I thought I would talk about how wonderful it was to see people in my neighborhood in Brooklyn help each other out during the snowstorm we had a couple of weeks back. Rather than trudge through the snow in an everybody-for-themselves kind of way, I saw people left and right offering to help shovel snow and making sure that the sidewalks were in good condition, free of sloppy slush and ice. I gotta say, it warmed my heart.

This is the kind of stuff we hope to hear from you! So please, send us your "Humbles" over to **humble@metro.us** and we will publish them in this space every day. After all, it doesn't have to be all doom and gloom, does it?

metro.us/horoscopes

Aries Information will be revealed. Take caution when dealing with institutions or government agencies. Make sure all your personal documents are in order.

Taurus Look for the path of least resistance. Remember what's happened in the past and make decisions based on what you know and the experiences you've undergone.

Gemini Partnerships will need to be nurtured. It will be difficult to know where you stand given the dialogue you have with someone. Expect pertinent information to be left out.

Cancer Don't limit what you can do when you should be letting your creative imagination run wild. Explore the possibilities and discover what you are capable of doing.

Leo Fill your day with enjoyable activities and people. A shopping spree or an event you've been looking forward to will lift your spirits.

Virgo Keep a close watch over domestic situations that have the potential to spin out of control. Someone may withhold information that would alter your feelings about something.

Libra Emotional matters will cause you to question what someone is telling you or asking you to do. If a change is required, look inward and make self-improvements. Don't try to change others.

Scorpio Getting in touch with an old friend or relative and making plans for upcoming events will lead to travel plans or a conversation that could shape your next move.

Sagittarius Look at the big picture, but don't feel that you must do everything at once. You need to pace yourself to fit your budget, lifestyle and availability.

Capricorn You don't have to make a change just because someone else does. You may need to adjust your plans, but it's still best to do your own thing for your own benefit.

Aquarius Look over contracts, investments and issues you want to adjust before the end of the year. Negotiate on your own behalf. A gift or reward is heading your way.

Pisces Situations will escalate quickly. Don't give in to anger when intelligence is what's required. A steady pace and a carefully considered plan are in your best interest. EUGENIA LAST

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DEBIT CARDS ACCEPTED

"Roma" has captivated critics. CARLOS SOMONTE

The truth behind 'Roma'

Alfonso Cuaron's critically-acclaimed Netflix drama is an Oscar frontrunner.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

As beautiful and poetic as it is emotional and dramatic, "Roma" has proven to be a critical darling ever since its premiere at the Venice Film Festival in August, where it won the prestigious Golden Lion award.

That's likely to be the first of many awards for Oscar-winning director Alfonso Cuaron's follow-up to "Gravity," although "Roma" couldn't be more different than his last hit film. One is a sci-fi blockbuster spectacular about Sandra Bullock's return to Earth from space, while the other is an intimate drama that doesn't feature any mainstream actors and tells the deeply biographical story of Cuaron's upbringing in 1970s Mexico City.

"Roma" revolves around the character of Cleo (Yalitza Aparicio), the housekeeper of Antonio, Sofia, their three young children and Sofia's mother Teresa who has to juggle personal problems with those of the family she cares for.

Aparicio recently explained to Metro how biographical "Roma" is, as Cleo is based on Libo, the housekeeper Cuaron grew up with.

"It is about her memories," Aparicio said. "I had a chance to meet Libo before I started filming. She mostly told me about her past, because as far as what was actually going to take place during the film, I was not privy to that information. I had no idea what was going to happen throughout the course of the film.

"After I talked to Libo, I realized that we shared a very similar kind of past, and I also realized, given the type of work that she does which is domestic work, that it is similar to what my mother does," she added. "So this was an opportunity to pay homage to my mother and what my mother does. So in a sense it was a combination of both of them, I tried to combine both Libo and my mother in the role."

But how did Aparicio, who had never acted before "Roma," get cast?

"It was a very long casting process. It started off in my hometown of Tlaxiaco, Oaxaca, which is about three hours away from Mexico City. That's where it started," Aparicio said. "At first it was just personal interviews. I was invited to just talk about myself. Then eventually it evolved to playing out scenes and acting them from the film. Then, much later, I met Marina, who plays the mother, and we worked together and acted together. We both got the role on the spot."

When it came to being on set with Cuaron, Aparicio was more than happy to just "be guided by the great master."

"I figured that if I made mistakes, he would just let me know," Aparicio said. "I just let myself get taken over and I wanted to live out the film like it was my life."

The result has blown away critics, to the tune of a 99 percent score on Rotten Tomatoes, and Aparicio is ecstatic that with "Roma," audiences are getting to see a side to Mexican life that cinema has mostly overlooked.

"I am very happy to be bringing this story to screens and people around the world," Aparicio said, "so people can see Mexico and appreciate Mexico and see its culture around the world."

"Roma" is now in select theaters and will be released on Netflix Dec. 14.

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The Ice Bar opens Nov. 30.
FAIRMOUNT PARK CONSERVANCY

Time to chill

The Ice Bar at Lemon Hill Mansion will be open for a select time this holiday season.

MOLLY GIVEN
Molly.Given@metro.us

The holiday season can be an amazing and joyful time, but also a bit stressful as well. If you're in need of a chill pill, the historic houses at Fairmount Park have just what you need. Lemon Hill Mansion will be home to the first ice bar in the city this holiday season, and all Philadelphians are invited to swing by, grab a drink and chillax.

The Lemon Hill Mansion has been around for over 100 years, and the estate is as beautiful as it is dated. Philadelphia merchant Henry Pratt built the mansion in 1800 on property formerly owned by Robert Morris. The name Lemon Hill Mansion came from one of the lemon trees that Morris grew on a property nearby.

Now the gorgeous house will be home to the coolest bar the city has ever seen. The Ice Bar will be open to the public Thursday through Sunday on select weekends during the holiday season. There is no official cover, but a $5 donation is suggested at the door.

Guests will have the pleasure of enjoying ice art by Ice Sculpture Philly, including a bar carved from ice, an ice lemon tree with real lemons, and exterior lighting design by Drew Billiau. Beverages will be available from Original XIII Ciderworks and St. Benjamin Brewing Company, plus there will be

Lemon Hill Mansion is home to The Ice Bar. ALBERT YEE

Check out the coolest bar in Philly. FAIRMOUNT PARK CONSERVANCY

rotating food trucks, cozy fire pits and nightly DJ entertainment.

Every night at The Ice Bar will be a different experience. On opening night, Nov. 30, the festivities will include tasty treats from Barkley's BBQ and music by DJ Francisco Collazo. A special Friday night cocktail menu will launch featuring a special punch, iced lemon cocktail, boozy hot chocolate and a variation on the hot toddy. The next night (Saturday, Nov. 29), enjoy bites from the delicious Happy Hour Food Truck.

On Dec. 2, The Ice Bar will host a special Pet Holiday Sweater Contest from noon to 9 p.m., plus there will be music by DJ DNA and food truck tastiness from Brotherly Grub. The Everything We Eat food truck will be at the bar on Dec. 7 and Dec. 9, and the Royal Zasara food truck will be present on Dec. 8.

The opening of The Ice Bar at Lemon Hill Mansion is part of "A Very Philly Christmas," which is a celebration of Fairmount Park's historic houses' 47th anniversary of opening their doors to the public and delighting the whole city. The entire month of December will feature holiday-themed tours and special programs at Cedar Grove, Laurel Hill Mansion, Lemon Hill Mansion, Historic Strawberry Mansion and Woodford.

If you go:

Nov. 30-Dec. 9, various times, Lemon Hill Mansion, Lemon Hill Dr., prices vary, holidaysinthepark.com

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6 Fun things to do in Philly this week

Make your own candle, test your Harry Potter knowledge, and more.

MOLLY GIVEN
Molly.Given@metro.us

Looking for some fun and unique things to do in Philly this week? We've got you covered.

'Dial M for Homicide'
The new play from Philly native Bill Reick, directed by Sarah Clemency, premieres at the Philly Improv Theater this week. With inspiration from movies like "Clue," Hitchcock's "Dial M for Murder" and Agatha Christie stories, this companion show is full of mystery, crime, romance, entanglement and plenty of laughs.
Nov. 29-Dec. 1, various times, Philly Improv Theater, 2030 Sansom St., $5-$15, phillyimprov-theater.com

Wine tasting with a twist
The Market & Shops at Comcast Center is hosting this fun event featuring wine and candle making. Sample delicious local wines from Ample Wine while creating your own candle with a unique scent for the ultimate creative and fun experience. Buying tickets beforehand is recommended.
Nov. 27, 5 p.m. or 6 p.m., The Market & Shops at Comcast Center, 1701 JFK Blvd., $5, marketandshops.ticketleap.com

'A Drag Queen Christmas'
The fabulous talent from "RuPaul's Drag Race," including host Bob the Drag Queen, will grace Philadelphia with their own spin on holiday classics. The show is a whole new Christmas experience for the City of Brotherly Love. The Naughty Tour will be in Philly for one night only, so try your best to get on the nice list.
Nov. 27, 8-11 p.m., The Fillmore Philadelphia, 29 E. Allen St., $40-$160, thefillmorephilly.com

"See and Be Scene" will take place at the Philadelphia Theatre Co. PETER AARON

'See and Be Scene'
This staged showcase reading is in the city for one night only. Producing Artistic Director Paige Price has gathered some of the finest talent in the Philadelphia theater world to present scenes from eight plays and musicals in an informal reading setting. After the readings, Price will host a Q&A with the audience. Happy hour specials and concessions will be available as well.
Nov. 26, 7 p.m., Philadelphia Theatre Co., 480 S. Broad St., $15, philadelphiatheatrecompany.org

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this week is the 1985 classic "Clue." Before the feature starts, kick back and play some board games such as Jenga, Rock 'Em Sock' Em Robots, electronic Battleship and more. Enjoy food and beverages from the concession stand including popcorn, pretzels and White Castle burgers; plus, there will be a bar with beer specials throughout the film as well. Bonus: If you dress as a character from the film, you get a $3 token toward the bar. After the film, stick around for trivia prizes and their weekly raffle.
Nov. 26, 6:30-11 p.m., The Trocadero, 1003 Arch St., $3+, thetroc.com

Contestants from "RuPaul's Drag Race" will be in Philly for their show. GETTY IMAGES

Harry Potter Trivia Night
All Philadelphia witches, wizards and Muggles are invited to partake in this magical trivia. Test your knowledge on all things potions, spells, wands and chocolate frogs while enjoying food and drink specials such as tacos, beer and mixed drinks. Reserve your table today.
Nov. 27, 9-11:30 p.m., Landmark Americana University City, 3333 Market St., landmarkamericana.com

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Store Space, wishing to avail themselves of the provisions under the Self-Service Storage Facility Act., hereby gives notice of the sale under said act to wit; Thursday the 20th day of December, 2018 at 10:00 AM, on that day will conduct a public sale to the highest bidder, with bidding to take place on lockerfox.com, FOR CASH ONLY, the contents of spaces at Store Space - Kensington, 3100 C Street, Philadelphia, PA, 19134
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Notice of Auction Sale is herein given that **Ming Self Storage of Northern Liberties** will take place on www.StorageTreasures.com. Sale by competitive bidding starting on **Nov. 30th 2018** and end on **Dec. 12th 2018 at 1PM** to satisfy unpaid rent and charges on the following accounts:
Williams, Vivian - #032 – Household goods
Boose, Charlie - #064 – Household goods
The contents of each unit will be sold as a lot and all items must be removed from the premises within 72 hours. Owners may redeem their goods by paying all rent and charges due at any time before the sale.

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CYBER MONDAY

ISTOCK

Americans' holiday shopping plans taxed by *trade war*

NerdWallet is a personal finance website.

In light of the ongoing trade war with China, some Americans are pausing and adding more thought to their holiday shopping plans this year.

Some 93% of Americans said they plan to make purchases this holiday season, according to a new NerdWallet survey, conducted by The Harris Poll, of over 2,000 U.S. adults. Of those, 44% said they will compare prices of products more closely because of the trade war.

American attention is divided

Tariffs have dominated business and economic news throughout 2018.

In an economic back-and-forth between countries, the United States has imposed tariffs on certain products imported from China, such as seafood, furniture, electronics, appliances and cosmetics. China has imposed tariffs on certain products imported from the United States, such as food and vehicles.

About half of Americans are paying close attention — 53% said they are very or somewhat closely following the U.S.-China tariffs/trade war, according to the NerdWallet survey.

But shoppers are taking precautions. Despite this split, some American shoppers will be taking steps to ensure they don't overpay this holiday season.

We asked those who plan to make purchases this holiday season how the tariffs/trade war with China will affect their purchasing (e.g., gifts, food, decorations) from November 2018 through January 2019, and nearly three-quarters (73%) cited some sort of impact.

Consumers may feel the taxes soon

Tariffs will have an impact on prices, although consumers might not notice it quite yet, according to Thomas Prusa, a professor of economics at Rutgers University.

"There is too much trade being subject to tariff to think that American consumers aren't going to feel the effects of this," Prusa says.

Select products, such as home appliances, have already seen higher prices. But there's often a lag between tariff implementation and price increases, so some products that retailers are selling this Black Friday and holiday season won't be affected yet.

44%
Will compare prices of products more closely

22%
Will avoid buying products made in China

19%
Will avoid buying products that are impacted by tariffs

16%
Will buy fewer gifts than they normally would

For those products that are affected, Prusa says the impact may be largely hidden in the prices.

And despite perhaps taking more precautions, Americans won't stop shopping altogether.

"I would say it's probably going to be a good holiday season because the overall economy is strong," Prusa says. "That being said, it probably won't be as good as it might otherwise be because of the higher prices coming from the tariffs."

How to save money

In response to higher prices and in anticipation of potential future price increases, consumers can begin preparing for holiday shopping now.

Here are a few ways to plan ahead and save money:

Build a budget
Write out a holiday shopping budget and give it breathing room, in case some items cost more than you anticipate.

Monitor prices
Keep an eye on the products you're interested in buying well before you plan to shop. Track prices over the next month or two so you can recognize a good sale when you see one.

Earn cash back
When possible, take advantage of cash-back apps like NerdWallet's to earn a percentage of your eligible purchases back.

Take steps after your purchase
Use price-adjustment policies. Many stores will give you money back if the product you purchased goes on sale a week or two after you buy it.

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A brief history of Cyber Monday

We explain the story of this relatively new digital "holiday."

PAT KING
patrick.king@metro.us

It feels like, as we toss away the decorative dog calendars that we plowed through the year before, we seem to fill up more real estate in those little boxes for new traditions that were not there before — like "holidays" such as Black Friday, Small Business Saturday and the ever-popular Cyber Monday. So what is the story of Cyber Monday, exactly? Let's take a look inside this new seasonal tradition.

The history of Cyber Monday

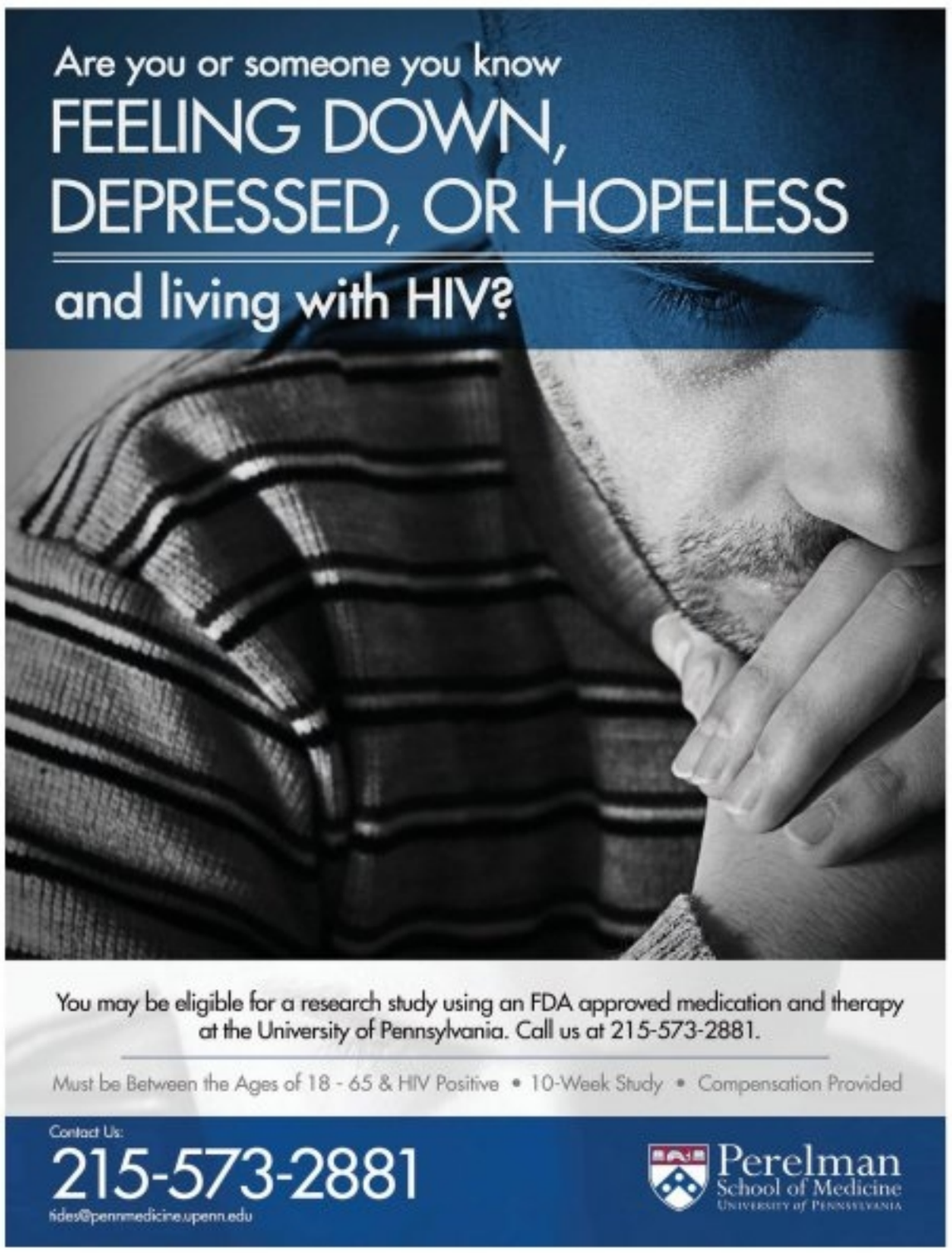
Originally coined by the senior vice president of the National Retail Federation, Ellen Page, in 2005 in a press release titled "'Cyber Monday' Quickly Becoming One of the Biggest Online Shopping Days of the Year," this tradition was created as a way for companies to persuade customers to shop online on the Monday following Thanksgiving.

Since its inception, Cyber Monday has become one of the biggest shopping days of the year as online retailers offer huge deals to customers in an attempt to extend the spending frenzy from Black Friday through to the next week. Companies like Amazon and Walmart will slash prices on some of the hottest gift items of the season to get people jump-started on scratching off names on their Christmas lists. In the past, items like laptops, gaming systems and clothing have gone down in price to get customers to load up their digital "shopping carts."

The campaign has truly paid off: Shoppers spent $6.59 billion on Cyber Monday in 2017, a considerable jump from $2.98 billion in 2015. What is so appealing about Cyber Monday, compared with Black Friday, is that you can avoid the bloodthirsty frenzy of lining up outside of your local big-box chain in order to score these savings. All it takes are a couple clicks and some mindless scrolling through discounted items to take advantage of these wild savings.

There is speculation that this year could top years past as it was reported that over 250 million shoppers had visited retail websites in 2017 on Black Friday alone, causing both Amazon and Walmart to increase their combined market shares by 1.5%. It's safe to say that not nearly that number of people took time out of their day to visit retail stores on Black Friday in 2017, so these people likely were scoping out the best deals online in order to shop Cyber Monday.

So if the long lines of Black Friday seem, well, a little too much for you to handle on your post-Thanksgiving-hangover recovery day, make sure to log online for Cyber Monday to take advantage of some of the savings!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How teachers can save on supplies by *shopping online*

Even teachers need a helping hand.

PAT KING
patrick.king@metro.us

ALL PHOTOS GETTY IMAGES

While many teachers have the option for a $250 tax deduction on all of the items they purchase for their classrooms, it has been discovered that the majority of teachers spend well over that amount throughout the school year. In a recent study conducted by the National Center of Education Statistics, they found that teachers spend on average $480 on classroom expenses alone — almost double the amount of help they can legally receive from the government. This can be a terrible strain on most public school teachers, as the national average salary for their position hovers just below $40,000 per year.

This issue gained a lot of steam this year, as many teachers across the country who'd had enough with how little they were compensated for making a meaningful difference in our children's lives decided to go on strike. While these issues have not been resolved by those in charge in Washington, Amazon has stepped in to provide a way to make things a little easier for teachers who are struggling to buy supplies for their classrooms.

By signing up for an Amazon Business for Education account ($179 for up to three people), teachers can take advantage of free shipping from Amazon on purchases over $25. With this plan, teachers can also reap the savings that are normally reserved for Amazon Business members on over 5 million different items. By banding together to create an account, teachers can save both time and money on much-needed items for their classrooms when supplies begin to dwindle.

Another perfect resource for teachers is Discount School Supply. Begun as a small retail chain, Discount School Supply became one of the first full-fledged online destinations for teachers looking to save money on school supplies. With a wide range of items, from standard arts and crafts items to children's furniture, this site offers prices that can be as low as a third of the original price on clearance items that teachers will need year after year.

So while the issue of providing both higher salaries and more of a tax exemption for teachers struggling to pay for school supplies is debated in our country, there are some ways that they can get around dipping into their own wallets too heavily throughout the year.

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SPORTS

What we learned from Philly Eagles' comeback win

Philly overturned a 19-3 deficit to keep their playoff hopes alive.

JOVAN ALFORD
jovan.alford@metro.us

After getting embarrassed last week on the road by the high-powered New Orleans Saints, the Philadelphia Eagles got their act together somewhat against the surging New York Giants on Sunday.

However, unlike last Sunday's result, the Eagles defeated New York, 25-22, thanks to a great second half and a game-winning 43-yard field goal by kicker Jake Elliott.

Philly once again had struggles scoring early on due to penalties, but got into a rhythm late in the second quarter with quarterback Carson Wentz hitting tight end Zach Ertz for a touchdown.

Along those same lines, the defense, which has seen many of its members fall victim to injury, also made some big plays on Sunday despite giving up 346 total yards in the first half.

Late in the second quarter, safety Malcolm Jenkins intercepted Giants quarterback Eli Manning in the red zone as New York was driving down the field for another scoring opportunity. Defensive end Michael Bennett also continued his fantastic play this season, picking up his third sack in three games.

Overall, Philly's much-maligned defense held the Giants to 56 yards of total offense in the second half.

With the victory, the Eagles have now snapped their two-game losing streak, swept the Giants, and are one game behind both the Dallas Cowboys and Washington Redskins for the lead in the NFC East.

GETTY IMAGES

FIRST-QUARTER STRUGGLES CONTINUE FOR EAGLES

After last week's hapless and disappointing showing in the first quarter, where the Eagles only mustered 15 total yards (five rushing yards) and were held scoreless, Philly repeated a similar performance on Sunday against the Giants.

In the opening frame, the Eagles only had 42 yards of total offense (seven rushing yards) and had a 52-yard touchdown run from undrafted free agent Josh Adams negated by a holding penalty courtesy of Jason Kelce.

It was the fifth straight game that the defending Super Bowl champs were held without a first-quarter touchdown. Heading into this contest, the Eagles were ranked dead last in first-quarter points per game with 2.1.

Then, to make matters worse, in their last three games Philly has been outgained 431-85 in the opening quarter. That statistic is obviously two-fold as the defense has not done their job either, giving up a ton of yards due to their play-it-safe style.

But if they want to be more competitive in the last month of the regular season, having a good opening drive/quarter would be a great start.

EAGLES FINALLY COMMIT TO THE RUNNING GAME

Despite not scoring in the first quarter and only giving Adams and Corey Clement eight combined carries, head coach Doug Pederson made a radical adjustment in the third and fourth quarters to put the ball in the hands of his two young running backs.

The decision to do such a thing paid off for the Eagles as Adams racked up 80 yards on 18 carries and a touchdown in the second half. The former Notre Dame product showed once again that he can be this team's lead back.

Adams did a great job running between the tackles and bouncing runs to the outside. For most of this season, the Eagles' running game has been in a state of flux due to injuries to Jay Ajayi and Darren Sproles.

But you do have to give credit to Adams, Clement and Smallwood to an extent for doing their best when given the necessary opportunities. Furthermore, the Eagles are 5-0 when they show a commitment to the ground game.

It is not a coincidence that this team is better offensively when they do run the ball. Pederson and Co. cannot depend on Wentz to shoulder the entire load, and instead lean on the offensive line and running backs to carry things.

DEFENSE STARTS SLOW BUT SHUTS DOWN BARKLEY IN SECOND HALF

In the last three games, the Eagles' run defense was completely humiliated by the likes of Ezekiel Elliott, Alvin Kamara and Mark Ingram II. Each of those running backs named was able to have their way against Philly's defense.

If the Eagles wanted to have any chance of defeating their NFC East rival, it started in the trenches by containing Saquon Barkley. In their last matchup, the former Penn State standout had 229 total yards (130 yards on the ground) at MetLife Stadium.

In the first half on Sunday, it appeared that Barkley was on pace to put up a similar type of performance. He had 94 rushing yards on nine carries, including a 51-yard touchdown run in the second quarter.

He also had a receiving touchdown on the Giants' opening scoring drive. In total, he had 131 yards of total offense on 15 touches.

However, in the second half, the Eagles defense clamped down on Barkley, holding him to only seven rushing yards on four carries. The defending Super Bowl champs played inspired football on both sides and it helped carry them to a much-needed win.

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Sixers win in all areas with Jimmy Butler deal

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Robert Covington and Dario Saric were above-average NBA players. The duo had many great qualities, but both had deficiencies as well.

When they were traded to the Minnesota Timberwolves as part of a package for Jimmy Butler, a portion of Sixers fans were skeptical about giving up too much.

Actually, the Sixers didn't lose much. In the end, picking up Butler was a scintillating move by new general manager Elton Brand.

And for many reasons.

Look at the end of the Sixers' 122-119 overtime win at Charlotte last Saturday night for the biggest proof. Butler connected on the winning 3-pointer with three-tenths of a second remaining in overtime to seal the huge road win.

More than that was what transpired on the previous play as Kemba Walker drove to the basket. Butler blocked the shot and as he was careening out of bounds, managed to flip the basketball over his head and into the hands of Wilson Chandler. Oh, and Walker had already scored a whopping 60 points.

Butler made huge plays on both ends of the court, the type of plays you expect to see from a four-time All-Star. That's why he's a member of the Sixers. Covington and Saric are nice players, but not at that level. Not with the game on the line. Not as the playoffs approach.

"That's what the great players can do," Sixers head coach Brett Brown told reporters of Butler. "That's what we spoke about with the inclusion of him, that he's got the ability ... to create his own looks and that is a rare gift in the NBA, those players who can generally do that at a high rate, and he's one of them, and he's ours."

The Sixers likely would have finished with a good record by the end of the regular season with Covington and Saric. But they weren't going to the NBA Finals. They likely wouldn't have gotten close.

With Butler, the Sixers have three standouts to go along with Joel Embiid and Ben Simmons. Embiid and Simmons will improve so much faster with Butler in the lineup as well. He's that good. He makes that much of a difference.

Butler has been a Sixer for all of five games so far, yet the impact is evident.

The Sixers craved a veteran All-Star who could lift them to the next level and that's at least the Eastern Conference Finals. After advancing to the semi-final round, before falling to the Boston Celtics last season, the Sixers seemed to be trending upward.

When this season began, it was obvious the Sixers had taken a step or two backward. Covington and Saric were available trade chips and were dealt. The franchise made the right decision and Brand made a move that pushed them forward with one deal.

Nevertheless, Butler's presence won the game in Charlotte. There are plenty of regular-season games remaining before the playoffs begin this season. By that point, Butler will be ready to win. So will Embiid and Simmons and the rest of the team.

How far the Sixers advance is unknown. But this much is known: with Butler, the Sixers' chances are so much better. JOVAN ALFORD

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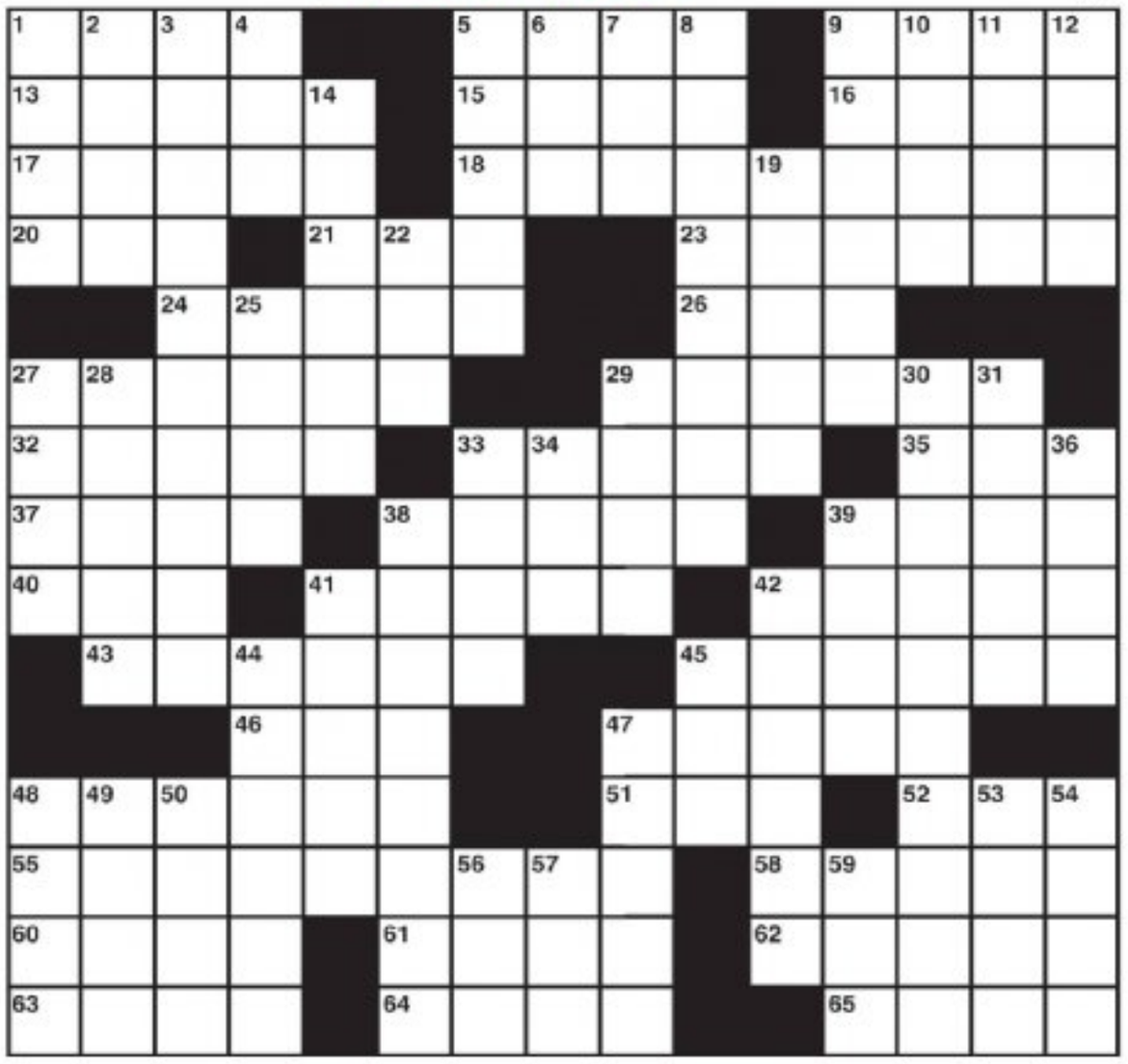
metro.us/crossword

BY TCA



Check your answers at metro.us/games

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ACROSS

1 Injure by handling roughly
5 Juniors
9 Likelihood
13 Possessed
15 Applaud
16 Gather crops
17 Big
18 Recommended
20 Pupil's place
21 Summer blower
23 Went bad
24 __ from; besides
26 "What'll __"; Irving Berlin song
27 Lose weight
29 Takes the first step
32 Gladden
33 Joyce Kilmer's famous poem
35 Tease
37 Diminishes
38 Injure
39 Emery board
40 Online chuckle
41 Tear to bits
42 Loose piece of turf
43 Undermine
45 Manicurist's bottle
46 Rather, for one
47 Nose's detection
48 Sharp as a tack
51 Silent assent
52 JFK's VP
55 Broad and busy street
58 Foreign farewell
60 Shopper's paper
61 Catch sight of
62 In a stupor
63 BPOE folks
64 Los Angeles team
65 Refuse to obey

DOWN

1 Burrowing mammal
2 Out of town
3 Illegible
4 Fibula's place
5 Meager
6 Ancient
7 Part of USNA: abbr.
8 Lively
9 Speaker
10 Money owed
11 Evans or Robertson
12 Drove too fast
14 Mar; ruin
19 Drinks made with ice cream
22 "__ you kidding me?"
25 __ up with; tolerates
27 Rod and __; fishing gear
28 Part of the arm
29 __ away; dismiss
30 Make light of
31 Fodder storage towers
33 Having mixed feelings
34 Kick oneself for
36 Actress Behrs
38 At any time
39 Movie
41 Glide across ice
42 Thingamajig
44 Grown-ups
45 In favor of
47 Williams and Griffith
48 Up to the task
49 Dirt
50 Walrus tooth
53 Red meat
54 Liza's mom
56 As white __ ghost
57 Record speed letters
59 June honoree

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- Healthy Volunteers
- Kidney Disease
- Lactose Intolerance
- Liver Disease
- Migraine
- Non-Alcoholic Steatohepatitis (NASH)
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